



Weekly Snack Menu

Here in KinderCrescent we prepare and provide healthy & nutritious snacks daily at 10am & 5pm. Each snack provides foods from at least two food groups on the food pyramid. The following is a list of the snacks we provide.

	Morning Snacks 10am Served with Milk	Evening Snacks 5pm Served with Water
Monday	Cream Crackers with Butter & Raisins <i>(Dairy, gluten, wheat)</i>	Strawberries/Blueberries with a Greek yoghurt dip <i>(Dairy)</i>
Tuesday	Cheese Pieces & Grapes <i>(Dairy)</i>	Week 1: Scones with Butter <i>(Gluten, Dairy, Eggs)</i> Week 2: Banana Bread <i>(Dairy, Eggs, Gluten)</i>
Wednesday	Apple & Banana pieces served with natural yoghurt dip <i>(Dairy)</i>	Brown Bread & Butter with Cheese pieces <i>(Dairy, gluten, wheat)</i>
Thursday	Fruit Salad with a Greek yoghurt dip <i>(Dairy)</i>	Bread Sticks & Cream Cheese <i>(Wheat, Barley, Dairy, Sesame Seeds)</i>
Friday	Pear pieces with wheat crackers <i>(Wheat, milk)</i>	Rice/Corn Cakes with butter & Orange pieces <i>(Dairy sesame Seeds, Wheat)</i>